

REVIEWARTICLE

Incorporating the Internet of Things (IoT) for Smart Cities: Applications, Challenges, and Emerging Trends

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Abstract Since smart cities aim at optimizing resource usage and preserving the environment while providing a satisfying quality of life to the residents, smart cities mainly utilize the Internet of Things (IoT). The IoT is an essential part of environmental data collection since it processes raw environmental data and provides decision-supporting information. In order to optimize urban infrastructure, enhance public services, and raise inhabitants' quality of life while maintaining environmental sustainability, IoT combines sensors, networked devices, and sophisticated data analytics. With an emphasis on important applications including smart waste management, energy, transportation, and health, IoT-driven smart cities are thoroughly examined in this article. Researchers look at how the perceptual, network, and application layers of the IoT help with effective data processing and decision-making. Additionally, this work discusses significant challenges, including data security, system scalability, and device heterogeneity, and highlights future directions like energy-efficient devices, advanced communication protocols, and enhanced privacy frameworks. By addressing these challenges, IoT technology have the potential to create intelligent and sustainable urban ecosystems for coming generations.

Keywords Internet of Things (IoT), smart cities, IoT architecture, data security, sustainability, intelligent ecosystems.

I. INTRODUCTION

In 1999, once Internet-based methods were available in the 1990s, the creation of the phrase IoT. The IoT is a concept in computer science that allows commonplace things to potentially link to the web. The IoT is based on the premise that billions, if not trillions, of intelligent objects, can detect their environment, convey and understand data, and then respond to events. It is anticipated that there will be more than 28 billion linked devices by 2021[1]. Through the use of interoperable ICTs, a worldwide infrastructure known as the IoT connects virtual and physical objects to deliver improved services. Numerous research have examined cloud computing and networks caused by the IoT [2]. In contrast to many other services, the IoT is mostly propelled by technological advancements on the Internet rather by customer needs or app suggestions. Through a variety of techniques, including sensor networks, embedded devices, and pervasive and ubiquitous

technology, IoT enables items to "talk" to one another computing [3].

The fundamental idea behind using technologies like RFID, sensors, actuators, and cell phones, the IoT connects various objects that produce and/or gather data so that they can communicate with one another. The three tiers of the IoT architecture are the perception, network, and application layers, starting with the lowest level of segmentation. This ambient data, which platforms need to execute algorithms or guarantee the supply of certain services [4], is called the physical/perception layer. In the IoT, the network layer plays a crucial role in processing and sending the data acquired, whereas the perception layer only detects and gathers data.

Therefore, given that cities' infrastructures and resources are anticipated to be under increased stress in the near future, it is anticipated that they would confront considerable problems. The IoT can create "smart worlds," such as "smart cities," "smart towns," and "smart homes," where any object may communicate with another object thanks to the unconventional combination of several seemingly commonplace equipment. Around the world, a number of towns have made investments to become "smart" in an effort to enhance environmental and citizen services as well as municipal operations. Generally speaking, smart cities are those that use ICT and other cutting-edge technologies to ensure resource sustainability for both current and future generations while improving citizen quality of life, promoting competition, and boosting municipal service efficiency [5].

- *Structure of the paper*

This document has the following structure: IoT in smart cities is summarized in Section II. Section III looks at IoT applications in the domains of health, transportation, and energy. Section IV discusses implementation concerns such data security and scalability. Section V reviews case studies and relevant literature, while Section VI suggests subjects for further research.

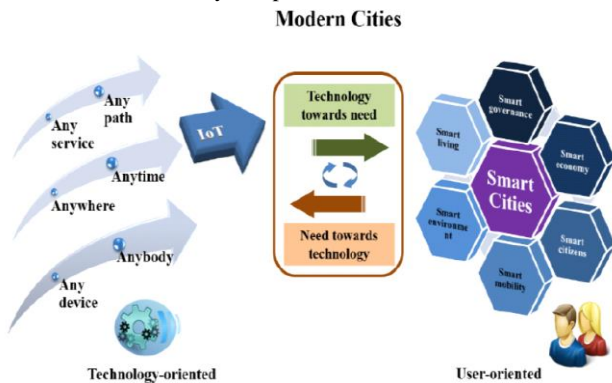
- *Overview Of Iot In Smart Cities*

The IoT has the potential to connect virtual and real-world objects. Based on the fact that the IoT is the interconnection of many different gadgets, "smart worlds" are created: "smart cities", "smart towns", "smart homes" etc., in which any object may communicate with any other object. Through the growth of item automation and information sharing over this Smart World has been made feasible by the Internet and the IoT [6]. Smart cities are been regarded as

one of the main catalysts of the IoT application growth. In point of fact, it is possible to conceptualize smart cities in an almost boundless number of ways due to the plural and multidimensional nature of the phenomenon. The descriptions are numerous, but one of the most used describes it as: “ the city where business infrastructure, social infrastructure, information technology and physical infrastructure are united to capitalize on city’s intelligence”[7].

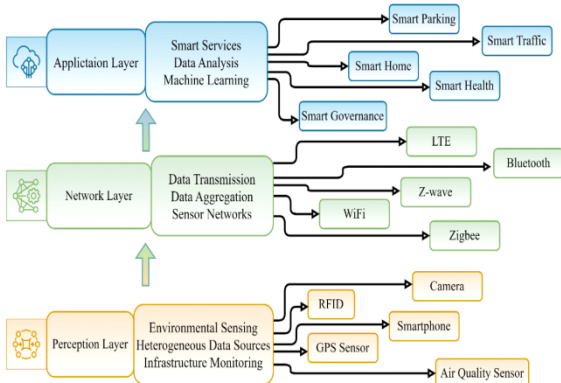
• Relationship between IoT and smart cities

The term "smart city" is used to describe a kind of metropolitan area that makes good use of information technology in order to streamline services for citizens and make the most of available resources. This might be information from the virtual world or tangible objects. This connection can occur at any moment, perhaps while you are travelling continuously throughout the globe, at any time of day, in any location, whether inside or out, and between any of the following: humans and machines (H2M), machines and humans (M2M), or humans and machines (H2H) [8]. The six verticals of Smart Cities are Smart Transit, Smart Environment, Smart People, smart governance, smart economics, and smart lifestyle, according to Idogho et al. Smart cities are focused on users, while IoT is often more focused on technology. They are all moving in the same direction with the same goal of enhancing services for modern cities [9][10]. Figure 1 shows the connection between the IoT and key components of Smart Cities [11].



- Relationship between IoT and smart cities[3]
- IOT Based Smart City Architecture

An IoT Smart City's digital architecture consists of three levels: perception, network, and application. These layers work together to enable new public services and reinvigorate existing ones. Figure 2 shows the data flow in this paradigm and offers a generalized representation of these three layers: from interpreting digital signals that represent real-world circumstances to turning data into useful applications and actionable information [12].



• Architectural Layers of Smart Cities

Consequently, the perceptual, network, and application layers make up the overall architecture of the IoT in Smart Cities. To guarantee an efficiency and expandability of city operations, this architecture is essential for managing the interaction between digital and physical systems. The architecture may help to regulate data flows and technological integration to achieve the maximum effective use of resources, improve the quality of the services, and enhance the general quality of the urban environment. The IoT architecture is so critical to future smart city plans as it deals right with the issues of sustainability, safety and efficiency related directly to urban environments as it allows all of these built-in capabilities [13].

• Perception Layer

The Sensor gear that can sense the physical environment makes up the smart city's perception layer [14]. It then relays these perceptions to other systems inside the city. Sensors that measure environmental factors like weather and asset monitoring systems that keep an eye on transportation infrastructure are examples of perception layer devices. All of the sophisticated systems of a smart city rely heavily on sensing. For instance, by keeping an eye on public infrastructure, including highways, bridges, and buildings, utilizing sensors, maintenance may be carried out more effectively using the information gathered from the sensors. Applications for energy management in Intelligent Transportation Systems (ITS) enable load forecasting through the use of traffic monitoring sensors, lowering energy use and reducing accidents and traffic congestion [15].

• Network Layer

The fundamental function of the network layer is to facilitate the transmission of data from the application layer to the perception layer [12]. The requirements of the networks, the constraints of the applications, and the capabilities of the devices all influence how to build up a suitable network architecture. To fulfil the requirements of smart cities, more sophisticated features like data aggregation and improved interoperability are introduced as networking technologies evolve. Wired networking is less prevalent than wireless networking, which makes up the great majority of smart city technologies. Here, we'll go into great depth on four popular technologies [16].

• Application Layer

The last component of an IoT-based SmartCity's design, after the perception and network levels, is the application layer. It offers a software framework for utilizing the smart city's physical infrastructure to evaluate data and offer community services. Real-time data is essential to many of these services, and it must be efficiently handled and combined.

• IoT Technologies for Smart Cities

The IoT is making cities "smart cities" by facilitating effective resource management, raising urban living standards, and streamlining municipal processes. An overview of IoT-based smart city technologies may be seen below:

• Message Queuing Telemetry Transport (MQTT)

The MQTT protocol is widely compatible and user-friendly, supporting a multitude of devices. QoS levels allow MQTT for the IoT to ensure message delivery to the correct recipient, even when devices have a weak connection. This protocol is somewhat more adaptable than others [17].

• Raspberry Pi

These are small boards that cost a few tens of dollars, measure the size of a credit card, take instructions through an attached TV or computer monitor and a standard keyboard and mouse. With its inbuilt Wi-Fi module, operating system, multitasking capabilities,

and hardware that supports four input peripherals, A fantastic alternative for a central controller is the Raspberry Pi.

- **Radio Frequency Identification (RFID)**

One network-connected portable or edge device is the RFID reader. The tag is activated by radio signals it broadcasts. An electromagnetic wave is sent back to the antenna by the active tag, where it is converted into information. There is an integrated transponder in the RFID tag [18].

- **Sensor**

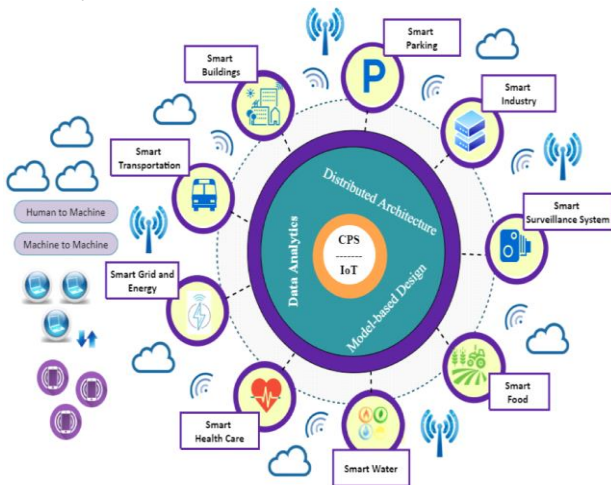
A device that identifies shifts in physical environment and conveys such information to another system is termed a sensor. A sensor typically translates a physical occurrence into a voltage signal in an analogue form that can be read or at intervals as a digital signal, readable by an individual or for investigation.

- **Global Positioning System**

A group of satellites called to enable worldwide navigation, the Global Positioning System, or GPS, synchronizes time, position, and speed. GPS is a common technology that is included in watches [19], smartphones, and automobiles. It makes it easier to navigate from one place to another [20].

- **Applications Of IoT in Smart Cities**

This eliminated the earlier idea of Smart Cities as referred to the IoT and advanced technology to make better decisions, monitor cities, and provide better services for the people that live in the cities. The Internet of Things can allow a huge range of everyday applications, including Smart Buildings, Smart Industry, Smart Agriculture, Smart Health, and Smart Education. In this way, one may argue that an essence of Smart Cities lies in most of the available IoT application domains. In addition to providing examples of the IoT's application areas across several smart city dimensions, Figure 3 depicts the important areas for deploying the Internet of Things in a smart city [21].



- **Applications of IoT in smart cities**

- **Smart Health**

In hospitals, homes, and workplaces, a Wireless Body Area Network (WBAN) based on inexpensive wireless sensor network technologies might greatly enhance patient monitoring systems. The little sensors may be embedded in the body or attached to its surface. For the purpose of connecting to a medical device, the sensors employ many WPAN technologies. Numerous physiological traits may also be measured by the sensors, and They are gathered and examined by distant servers. Some of these variables include blood flow rate, body temperature, rate of breathing, blood pressure, blood Ph and the rest [22].

- **Smart Parking**

In this use case, every parking space has a wireless sensor (or other linked object). A management server is notified by the sensor at the parking place when a car parks or when a parked car departs the spot. The server can leverage visualization platforms, including smartphones, car Human Machine Interfaces (HMIs), or billboards, to inform drivers of parking vacancies by gathering data on parking bay occupancy. Additionally, this information will allow the city council to enforce parking violations. The automated technology known as Radio Frequency Identification (RFID) can be very helpful for vehicle identification systems. This technology is used to identify vehicles and automatically collect parking lot payments [22].

- **Smart Energy**

In contemporary cities, energy is connected to nearly every element. Anonymized data from smart sensors in an IoT home, for example, might be used to monitor and optimize the occupancy of residential units for energy conservative purposes. Specifically, IoT empowers knowledge (remote) through the means of online materials without the users physically attending events in smart city. By helping people use less public and private transportation, distance learning can help reduce energy use. Additionally, providing efficient energy management which includes smart parking, traffic management, and congestion relief is the primary goal of smart energy in transportation [3].

- **Smart Transport**

Transportation management and smart parking are two important uses of smart transportation. Smart parking is a topic that has been thoroughly studied for AI deployment towards smart mobility as it seeks to address the issue of assisting users in finding parking places in order to save time and minimize gas emissions. Using picture and/or other occupancy sensing modalities, solutions to this problem have been developed as both a classification challenge and a regression problem [23]. While classification algorithms guide drivers based on the shortest distance and are used for user localization within parking lots, regression techniques are usually employed to forecast future occupancy levels in parking lots [24].

- **Open Challenges And Future Directions**

An outstanding issue in the field are highlighted in this section, explores current limitations, and proposes potential pathways for future research and innovation to address these gaps.

- **Challenges in IoT Implementation for Smart Cities**

A present limitation of IoT-based Smart Cities are described in depth in this section. As shown in the accompanying picture, there are several IoT concerns for smart grids. Figure 4 impressively illustrates the range of issues:



- IoT challenges for smart cities
- *Data Security and Privacy*

Massive data generation from IoT devices poses privacy and data security issues. It is crucial to ensure secure communication [25], put strong data protection mechanisms in place, and shield critical information from unwanted access. Clear rules and guidelines must also address privacy issues in order to foster confidence among stakeholders and citizens [11].

- *Heterogeneity*

In general, IoT systems have evolved with exceptional and distinctive solutions, each component connected to the specific application context. The authorities must then join these several subsystems after analyzing their target situations and defining the necessary hardware and software. For IoT systems, providing such substructures and acquiring an appropriate cooperative scheme among them is undoubtedly a significant and difficult task [26].

- *Reliability*

There are several dependability issues with IoT-based solutions. The mobility of autos, for instance, makes their connections unreliable. Also, there would be certain reliability issues if a large number of smart technologies participated, especially in terms of their failure.

- *Large Scale*

The numerous scattered devices that are most likely implanted in a big area environment need to communicate under a number of specific conditions. The IoT system provides an appropriate framework for analyzing and aggregating data from various devices. However, because this massive amount of data is collected at rapid rates, making the typical problems more difficult to handle, it requires appropriate storage and computing capacity.

- *Sensor Networks*

One outstanding technological advancement that makes the Internet of Things possible is sensor networks. They have the ability to measure, infer, and comprehend environmental indices, which can help shape the world. Effective and affordable systems for large-scale remote sensing applications have been made possible by recent technological advancements.

- *Legal and Social Aspects*

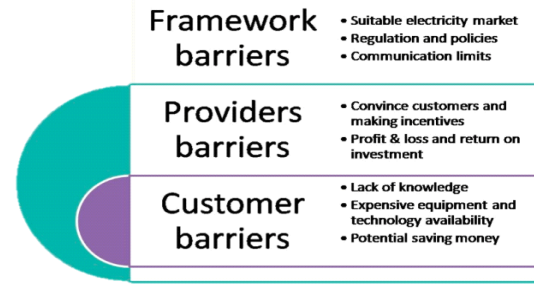
Based on the information supplied by users, the IoT system is probably a service [27]. The service providers are bound by a variety of national and international rules as a result of these agreements. Furthermore, candidates are adequately incentivized to participate in a specific scenario and data collection. If applicants could choose and take part in the event-specific registration details, the process would be much more streamlined [28].

- *Big Data*

Along with evaluating the massive volume of data produced by the roughly 50,000,000,000 devices, attention must be paid to data transportation, storage, and recall. It should come as no surprise that the IoT infrastructure is one of these major data sources. The three main needs that are emphasized in big data issues are quantity, speed, and variety [29].

- *DR Barriers*

The system's responsive demand can be aided by the Internet of Things. There may still be a number of other hurdles that limit involvement in DR initiatives. As shown in Figure 5 above, these challenges may be disposed into three main categories: framework barriers, provider barriers, and customer barriers. These categories are all comprehensive.



- DR barriers[26]

- *Future Directions*

The primary issues of manufacturing sectors are the production of smart devices, sensors [30], and Internet of Things items with high reliability, interoperability, battery life, and efficiency [31].

Future studies on the development of communication protocols with wide bandwidth, long range, and fast data rates are also essential.

Privacy, safety, trust, security [32], and service quality For academics and developers, managing IoT systems presents difficult research challenges. Power management and energy harvesting solutions for smart devices are essential considerations for reliable and continuous services in IoT-assisted smart cities.

To guarantee programming, data processing, security [33], and privacy, Internet of Things researchers and developers must also specialize in application and system software development [34].

- *Literature Review*

This section offers a brief literature review of IoT solutions and smart city solutions. New risks and best practices- An analysis for businesses. Table I displays the list of papers which were reviewed.

Whaiduzzaman et al. (2022) delivers a synopsis of the ideas, traits, and uses of smart cities. They delve deeply into the uses, problems, and potential solutions related to smart cities, drawing on cutting-edge innovation like blockchain and ML. They go over the capabilities of IoT devices, architectures, and ML techniques in the context of cloud and fog IoT ecosystems. To make smart cities more reliable and secure, they also include privacy and security features, such as blockchain applications. In addition to outlining the Smart City mega-events framework's conceptual model, they emphasize smart cities' principles, features, and applications [35].

Vijayan et al. (2021) planned review piece delves on the use of the IoT in smart cities, targeting traffic-related needs. Sensor technologies used for IoT applications are also covered in the article. Important information for enhancing national technological growth via the implementation of the IoT in smart cities is presented in this article. These days, creating a sustainable environment is greatly aided by the IoT. The IoT is the finest technology to make efficient use of resources and space because of overpopulation, which increases transportation strain [36].

Kasubi, D.h and Demewez (2021) the big picture of Smart Cities, Big Data, and the IoTs is discussed. The article goes on to highlight the many difficulties associated with the IoT, big data, and smart cities, as well as their characteristics and applications. Additionally, the suggested study has laid out the connection between the IoT and Big Data as they pertain to smart cities, highlighted the function of IoT and Big Data within smart cities, and lastly, explored the potential future directions of IoT and Big Data in relation to smart cities [37].

Feardous et al. (2022) explains the primary problems and the actions needed to solve them in the emerging nations of South

Africa. It also includes research and analysis on smart cities enabled by the IoT. In many cities, the goal of making them smart cities has been achieved with a major focus on sustaining the ecological integrity of cities. Modern technology in particular, ICT is incorporated in almost all aspects of urban existence. It could therefore be said that IoT is the foundation of bringing into being smart cities [38].

Sanim et al. (2021) smart cities' waste level management system may unite cutting-edge technologies with Internet of Things-based solutions. The findings reveal that although current solutions differed in the specific sensors and communication technologies they used, they were comparable in the platform they utilized to interact with IoT technologies. The study also reveals that a lot of earlier research made use of Arduino Uno. The researcher will be able to better use various technologies or enhance the current system with the help of the study's results [39].

Abdulsattar et al. (2022) strives to provide a thorough grasp of smart city ideas, implementations, and functions. The report also describes the necessary components and features of a smart city, as well as the IoT technologies for implementing such a system. By using technology and physical objects, the IoT establishes connections between them that do not need human intervention. Therefore, smart cities, or smarter cities, might be built anywhere. Smart city technologies made possible by the Internet of Things encourage eco-friendly living, customer comfort, and employee productivity [40].

I) Presents the Comparative Table based on Overview of IoT in Smart Cities

Reference	Study On	Approach	Key Findings	Challenges	Limitations
[35]	Smart city concepts, smart cities, emerging technologies and ecosystems	Analytical review of smart city frameworks, ML, blockchain, and IoT	Integrates ML, blockchain, and IoT resilience in smart cities; presents smart city mega-event framework	Integration of fog/cloud tech, ensuring security and privacy	Broad in scope; lacks specific real-world implementation data
[36]	IoT application in smart traffic systems	Review of IoT sensor needs for traffic systems	Highlights IoT for managing urban traffic in overpopulated cities	Managing urban traffic with real-time data	Focused on urban traffic; limited application beyond transportation
[37]	Relationship between IoT, Data, and smart cities	Theoretical discussion with focus on technology interconnections	Identifies how Big Data contribute to smart city features	Data interoperability, system integration	Generic overview; limited empirical evidence or case studies

[38]	Smart city development in Africa	Contextual review emphasizing sustainability and role	ICT and IoT technologies	Socio-economic and ecological readiness	Region-specific limits in global applicability
[39]	IoT-based waste management in smart cities	Comparative analysis of existing systems and platforms	Many use Arduino Uno; variation in sensors and comms tech	Optimization of sensing and data handling in waste management systems; minimal scalability discussion	Focused on single application (waste management); minimal discussion
[40]	Concepts and technologies for smart cities	Conceptual analysis of IoT-enabled smart environments	IoT facilitates green living, user comfort, and productivity	Need for high-level infrastructure, technical depth, and standardization detail	High-level; lacks technical details, and implementation detail

• Conclusion And Future Work

In order to solve the urgent problems of resource scarcity, environmental sustainability, and rising urbanization, the Internet of Things has emerged as a crucial element in the transformation of conventional cities into smart cities. This research examined in detail the IoT applications, architectural frameworks, and technologies that support the development of smart cities. In many fields like waste management, energy management, smart health, and transport, IoT offers real time data gathering, processing and decision supporting fantasy. By optimizing resource use, minimizing environmental effect, and raising the calibre of public services, these examples show how IoT-driven solutions may dramatically raise urban living standards.

Future studies should concentrate on enhancing energy efficiency, creating reliable communication protocols, and protecting IoT system security and privacy. Furthermore, more robust and flexible smart city solutions may be made possible by developments in blockchain, artificial intelligence, and 5G and 6G technology. IoT can continue to transform urban living by tackling these issues, making cities safer, smarter, and more sustainable for the next generation

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